



ALWAYS THE HOUSE RECOMMENDATION!

FAMOUS PHILLIES - 8.39

CHOICE OF PROTEIN, GRILLED VEGETABLES, AND SWISS/AMERICAN CHEESE ON AN AUTHENTIC PHILADELPHIA HOAGIE ROLL.

SIGNATURE STEAK

660 - 680 Cal

CHICKEN

570 - 600 Cal

PULLED PORK

680 - 710 Cal

SPICY SAUSAGE

790 - 820 Cal



RICE BOWL OR BURRITOS
8.69

SIGNATURE STEAK

890 - 1360 Cal

CHICKEN

800 - 1260 Cal

PULLED PORK

900 - 1370 Cal

SPICY SAUSAGE

1020 - 1480 Cal

SHRIMP (+.30)

690 - 1160 Cal



FRESH SALADS
8.69

SIGNATURE STEAK

370 - 640 Cal

CHICKEN

280 - 540 Cal

PULLED PORK

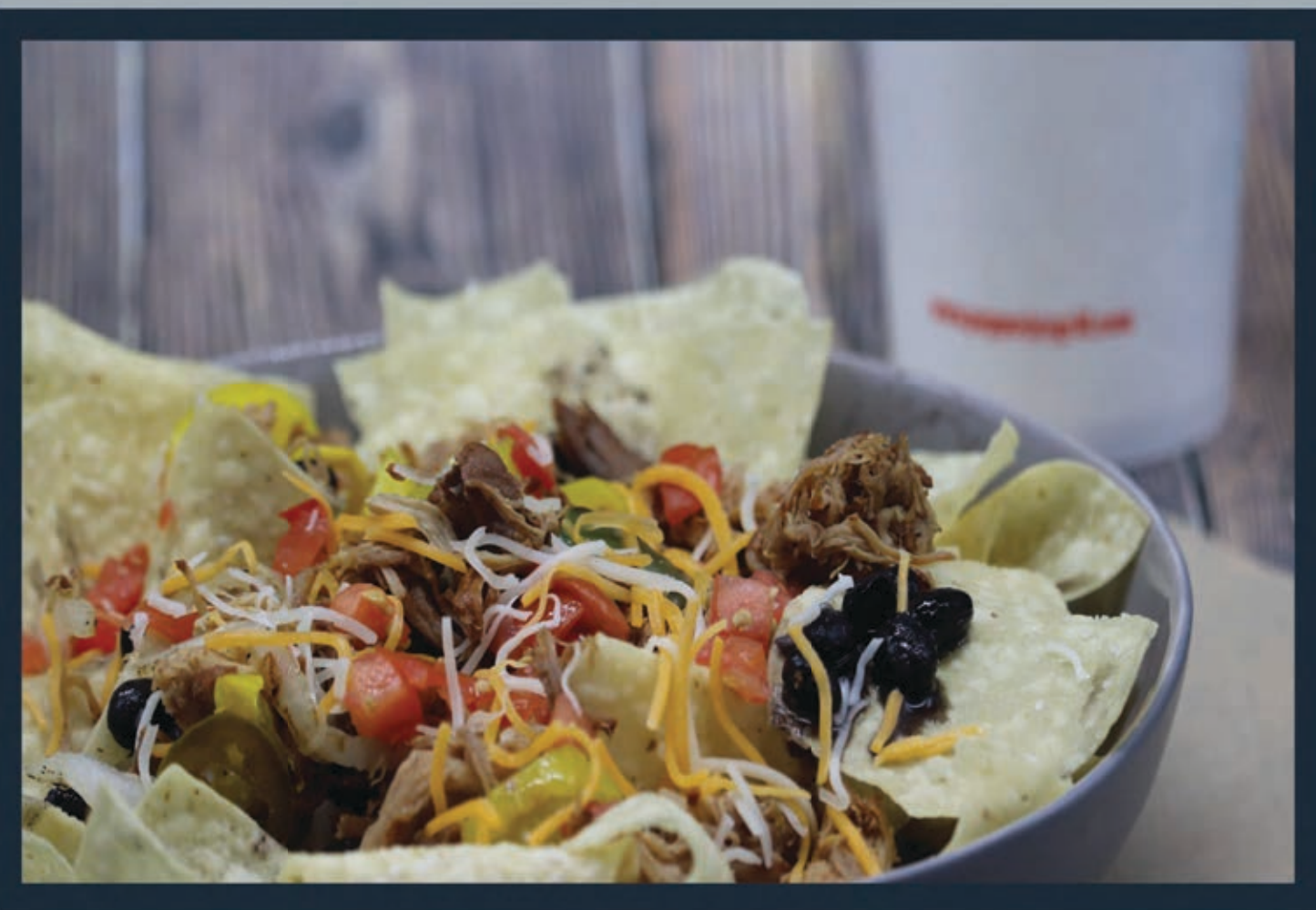
380 - 650 Cal

SPICY SAUSAGE

500 - 760 Cal

SHRIMP (+.30)

170 - 220 Cal



LOADED NACHOS OR FRIES
8.99

SIGNATURE STEAK

1000 - 1420 Cal

CHICKEN

900 - 1330 Cal

PULLED PORK

1010 - 1430 Cal

SPICY SAUSAGE

1130 - 1550 Cal

SHRIMP (+.30)

800 - 1230 Cal



SAUTE YOUR PROTEIN AND GRILLED VEGETABLES IN JALAPENO JUICE FOR A LITTLE EXTRA KICK. 0 Cal



ADD AN EXTRA PROTEIN TO YOUR ENTREE.

STEAK, CHICKEN, PORK, SAUSAGE - 3.79

SHRIMP - 3.99

56 Cal



EVERYTHING IS BETTER WITH BACON! ADD IT TO YOUR ENTREE OR SIDE FOR 1.99. 70 Cal/Portion



PROTEIN POWER BOWL - 7.39

WANT TO SKIP THE CARBS? ASK FOR A PROTEIN BOWL. IT'S A PROTEIN, BEANS, AND YOUR CHOICE OF TOPPINGS, DRESSINGS, & SAUCES. 460 - 810 Cal

ALL VEGETARIAN ENTREES ARE 1.00 OFF

PHILLY 410 - 600 Cal BOWLS & BURRITOS 710 - 1160 Cal SALAD 200 - 440 Cal NACHOS & FRIES 830 - 1230 Cal



DON'T FORGET THE CHEESE SAUCE! ADD TO ANY ENTREE FOR 1.49. 130 - 140 Cal.

JUNIOR JAX - 5.99

ALL KID'S MEALS COME WITH A DRINK & TREAT.

JUNIOR PHILLY

260 - 660 Cal

JUNIOR BOWL

310 - 670 Cal

JUNIOR SALAD

120 - 380 Cal

CHICKEN STRIPS & CORN DOGS COME WITH CHOICE OF FRIES OR FRUIT.

CHICKEN STRIPS

560 - 990 Cal

MINI CORN DOGS

380 - 820 Cal

SIDES & DESSERTS

FRIES.....2.09/3.09

310 - 630 Cal

CHEESE FRIES.....3.39/4.39

440 - 760 Cal

CHIPS & DIPS.....4.09

700 - 730 Cal

SIDE SALAD.....2.99

110 - 340 Cal

CHIPS.....1.39

140 - 220 Cal

CHOC. CHIP COOKIE.....1.39

250 Cal

PEANUT BUTTER BAR....2.59

400 Cal

MARSHMALLOW BAR...2.99

460 Cal

DRINKS

FOUNTAIN SODA.....2.09/2.89

0 - 290/0 - 410 Cal

ICED TEA.....2.09/2.89

0 - 240/10 - 340 Cal

BOTTLED SODA.....2.49

0 - 290 Cal

BOTTLED WATER....2.09

0 Cal

MILK.....1.49

130 - 140 Cal

2000 CALORIES PER DAY IS USED FOR GENERAL NUTRITION ADVICE FOR ADULTS AND 1200 - 1400 CALORIES PER DAY IS USED FOR CHILDREN AGES 4 TO 8 YEARS OLD. HOWEVER, CALORIE NEEDS MAY VARY. ADDITIONAL NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.